

# NATCITOCHES PARISH

## BREAKFAST Menus for PRE-K December 2018

Menus are subject to change without notice due to challenges in delivery or availability.

<p><b>3</b></p> <p><i>Toast Sliced Ham Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>4</b></p> <p><i>Banana Muffin Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>5</b></p> <p><i>Breakfast Pizza Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>6</b></p> <p><i>Cherrios Fruity Yogurt Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>7</b></p> <p><i>Pop Tart Assorted Fruit Juice Unflavored Lowfat Milk</i></p>
<p><b>10</b></p> <p><i>Breakfast Burrito Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>11</b></p> <p><i>Cinnamon Toast Sausage Patie Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>12</b></p> <p><i>Biscuit Sliced Ham Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>13</b></p> <p><i>Pancake on a Stick Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>14</b></p> <p><i>Pop Tart Assorted Fruit Juice Unflavored Lowfat Milk</i></p>
<p><b>17</b></p> <p><i>Toast Sliced Ham Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>18</b></p> <p><i>Banana Muffin Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>19</b></p> <p><i>Breakfast Pizza Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>20</b></p> <p><i>Pop Tart Assorted Fruit Juice Unflavored Lowfat Milk</i></p>	<p><b>21</b></p> 
<p><b>24</b></p> 	<p><b>25</b></p> 	<p><b>26</b></p> 	<p><b>27</b></p> 	<p><b>28</b></p> 
<p><b>31</b></p> 				

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll-free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

# NAICTIONCHES PARISH

## BREAKFAST Menus for K-12<sup>th</sup> December 2018

Menus are subject to change without notice due to challenges in delivery or availability.

<p><b>3</b></p> <p>Waffles Applesauce Juice Milk Choice</p>	<p><b>4</b></p> <p>Sausage Roll Strawberries Juice Milk Choice</p>	<p><b>5</b></p> <p>Cheese Toast Pineapples Juice Milk Choice</p>	<p><b>6</b></p> <p>French Toast Sticks Peaches Juice Milk Choice</p>	<p><b>7</b></p> <p>Cereal Choice Toast Banana Juice Milk Choice</p>
<p><b>10</b></p> <p>Choice of Muffin Peaches Juice Milk Choice</p>	<p><b>11</b></p> <p>Cinnamon Toast Scrambled Eggs Strawberries Juice Milk Choice</p>	<p><b>12</b></p> <p>Biscuit Sausage Pears Juice Milk Choice</p>	<p><b>13</b></p> <p>Cinnamon Roll Applesauce Juice Milk Choice</p>	<p><b>14</b></p> <p>Pancake on a Stick Mixed Fruit Juice Milk Choice</p>
<p><b>17</b></p> <p>Breakfast Burrito Strawberries Juice Milk Choice</p>	<p><b>18</b></p> <p>Biscuit Sliced Ham Pears Juice Milk Choice</p>	<p><b>19</b></p> <p>Breakfast Pizza Peaches Juice Milk Choice</p>	<p><b>20</b></p> <p>Pop Tart Applesauce Juice Milk Choice</p>	<p><b>21</b></p> 
<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>
<p><b>31</b></p>	<p><b>32</b></p>	<p><b>33</b></p>	<p><b>34</b></p>	<p><b>35</b></p>

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll-free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

# NAICHTOCHES PARISH

## Lunch Menus for K-12<sup>th</sup> December 2018

Menus are subject to change without notice due to challenges in delivery or availability.

<p><b>3</b></p> <p>Chicken Tenders Mashed Potatoes w/Gravy Seasoned Corn Fruit Cocktail WG Roll Choice of Milk</p>	<p><b>4</b></p> <p>Spaghetti w/Meatsauce Garden Salad Green Beans Pears Breadsticks Choice of Milk</p>	<p><b>5</b></p> <p>Hamburger/Cheeseburger French Fries Salad Cup Peaches Choice of Milk</p>	<p><b>6</b></p> <p>Roast w/Gravy Steamed Rice Broccoli &amp; Cheese Mixed Vegetables Strawberries Choice of Milk</p>	<p><b>7</b></p> <p>Nachos Refried Beans Salsa Mixed Fruit Choice of Milk</p>
<p><b>10</b></p> <p>Beef Pattie w/Gravy Mashed Potatoes w/Gravy Steamed Broccoli Pears WG Roll Choice of Milk</p>	<p><b>11</b></p> <p>Beans w/Ham Fluffy Rice Mustard Greens Sweet Potatoes Mixed Fruit Cornbread Choice of Milk</p>	<p><b>12</b></p> <p>Deli Sandwich French Fries Salad Cup Mandarin Oranges Choice of Milk</p>	<p><b>13</b></p> <p>Baked Chicken Rice Dressing California Blend Baby Carrots Strawberries WG Roll Choice of Milk</p>	<p><b>14</b></p> <p>Chicken Wrap Corn Salsa Salad Cup Peaches Choice of Milk</p>
<p><b>17</b></p> <p>Diced Chicken Gravy Steamed Rice Steamed Broccoli Glazed Carrots Pineapples WG Roll Choice of Milk</p>	<p><b>18</b></p> <p>Chicken Spaghetti Green Beans Garden Salad Mixed Fruit Breadsticks Choice of Milk</p>	<p><b>19</b></p> <p>Hamburger/Cheeseburger French Fries Salad Cup Strawberries Choice of Milk</p>	<p><b>20</b></p> <p>Hot Dogs Baked Beans Corn Pears Choice of Milk</p>	<p><b>21</b></p> 
<p><b>24</b></p>	<p><b>25</b></p> <p><b>26</b></p> <p><b>27</b></p> <p><b>28</b></p> 			<p><b>31</b></p>

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll-free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."